



* Habits of mind

For everyday success and lifelong learning, Vashon teachers infuse habits of mind into their programs.

*Why?

Habits of Mind help us to think and behave intelligently when encountering challenges in learning and in life.

8 Common Core State Standards of mathematical practices	16 Habits of mind	<i>How Children Succeed</i>
Make sense of problems and persevere in solving them.	Persisting	<i>Grit</i>
	Creating, imagining and innovating.	<i>Curiosity</i>
Reason abstractly and quantitatively.	Thinking flexibly	<i>Cognitive flexibility</i>
	Managing impulsivity	<i>Self control</i>
	Continuous learning	<i>Growth mindset</i>

Tahoma School District
Sustainability and thinking skills in science
and social studies

Attending

Focuses on the task at hand; is not easily distracted

Persistence

Keeps on trying; does not give up easily

Deliberativeness

Shows less impulsivity; thinks before acting

Flexibility

Open to alternatives; sees many possibilities

Precision

Uses words carefully; checks for accuracy; attends to details

Inquisitiveness

Asks questions; enjoys problem solving; is curious

Fluency

Can generate many different ideas

Originality

Enjoys making and doing original things



Vashon teachers create a culture that encourages students to reflect on their thinking, learn and interact with others.

Resources

<http://www.slideshare.net/room17abc/16-habits-of-mind-6748469>

Carol Dweck, Stanford University, Mindset
Optimism, growth mindset

How Children Succeed, Paul Tough

Habits of Mind, Arthur Costa & Ben Kallick

James Heckman, University of Chicago
Perry Preschool Project

Angela Duckworth, University of Pennsylvania
self control and grit